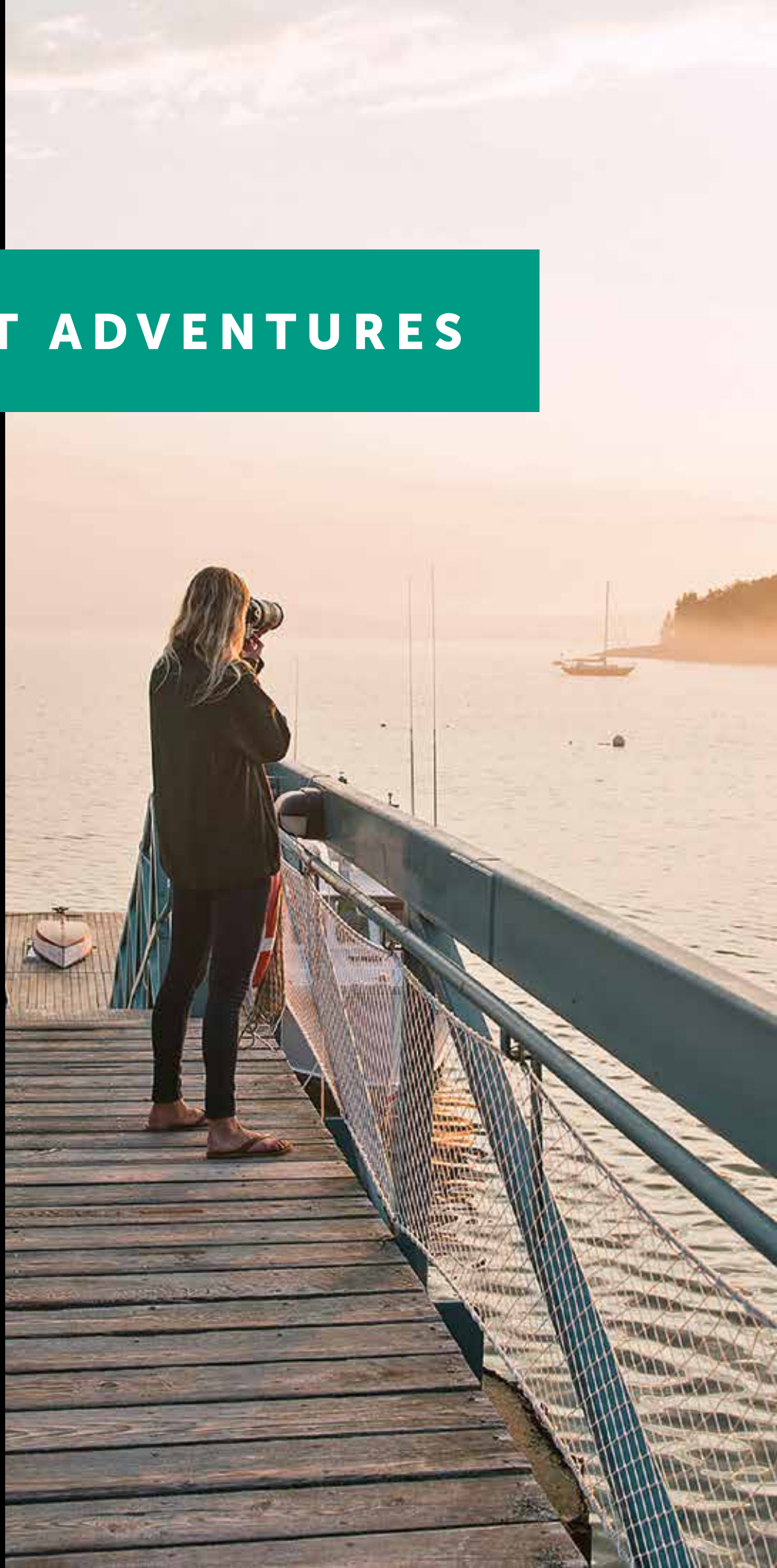


# DOWN EAST ADVENTURES

# 2017





**TAKE THE KIND OF  
VACATION THAT YOU  
READ ABOUT IN A MAGAZINE.**

HAVE A LOOK AT OUR ADVENTURES FOR 2017



# LIGHTHOUSE LONG WEEKEND

JUNE 22-25 OR  
SEPTEMBER 14-17

Relax and rejuvenate at the iconic Whitehead Light Station. This weekend includes cruises, lighthouse history, island exploration, lobster bakes, kayaking, and even clam digging, all with comfortable downtime to recenter yourself.

Call 207-230-4245 or email [adventures@downeast.com](mailto:adventures@downeast.com).

**BOOK NOW -  
NEARLY SOLD OUT!**



# LIGHTHOUSE LONG WEEKEND

JUNE 22 – 25

\$1,495 PER PERSON (DOUBLE), \$1,680 PER PERSON (SINGLE)

## DAY 1 - JUNE 22

This special weekend will kick off with a welcome talk by the editor of *Down East* followed by appetizers, and Allagash beer tasting, and dinner. We'll get you oriented to the lighthouse and discuss the exciting schedule for the days ahead.

## DAY 2 - JUNE 23

Start the day with breakfast then a picturesque kayak tour of Seal Harbor led by two professional guides. We'll pack a picnic lunch for a nearby uninhabited island and have time to explore or relax. Later in the day, learn how to dig for clams and harvest mussels before an evening of appetizers, dinner, and dessert at the lighthouse.

## DAY 3 - JUNE 24

We'll watch the sunrise from a boat, have breakfast, and then explore the nature of the island (including edible plants) with a guided walk. There will be free time and a leisurely lunch followed by a workshop or guest speaker selected by the editors of *Down East* based on their breadth of knowledge and experience of Maine, from scientists to artists, Maine guides to historians. We'll cap off the day with a lobster bake, campfire, star gazing, and s'mores.

## DAY 4 - JUNE 25

We'll kick off the day early with another sunrise cruise followed by breakfast. This morning will feature a special workshop or guest speaker(s) (TBA) selected by the editors of *Down East*. After lunch, we will head back to the mainland for departure.

# LIGHTHOUSE LONG WEEKEND

SEPTEMBER 14 – 17

\$1,495 PER PERSON (DOUBLE), \$1,680 PER PERSON (SINGLE)

## DAY 1 - SEPTEMBER 14

This special weekend will kick off with a welcome talk by the editor of *Down East* followed by appetizers, wine, and dinner. We'll get you oriented to the lighthouse and discuss the exciting schedule for the days ahead.

## DAY 2 - SEPTEMBER 15

Start the day with breakfast then a picturesque kayak tour of Seal Harbor led by two professional guides. We'll pack a picnic lunch for a nearby uninhabited island and have time to explore or relax. Later in the day, learn how to dig for clams and harvest mussels before an evening of appetizers, Allagash beer tasting, dinner, and dessert at the lighthouse.

## DAY 3 - SEPTEMBER 16

We'll watch the sunrise from a boat, have breakfast, and then explore the nature of the island (including edible plants) with a guided walk. There will be free time and a leisurely lunch followed by a workshop or guest speaker selected by the editors of *Down East* based on their breadth of knowledge and experience of Maine, from scientists to artists, Maine guides to historians. We'll cap off the day with a lobster bake, campfire, star gazing, and s'mores.

## DAY 4 - SEPTEMBER 17

We'll kick off the day early with another sunrise cruise followed by breakfast. This morning will feature a special workshop or guest speaker(s) (TBA) selected by the editors of *Down East* based on their breadth of knowledge and experience of Maine, from scientists to artists, Maine guides to historians. After lunch, we will head back to the mainland for departure.

# PENOBSCOT BAY FOOD CRUISE

ABOARD SCHOONERS  
*STEPHEN TABER AND LADONA*

JULY 16-21

Our fourth-annual Penobscot Bay Food Cruise is a week of fine food, drink, and sailing. Choose between the schooners *Stephen Taber* and *Ladona*. This all-inclusive, 6-day, 5-night trip is full of one-of-a-kind adventures. Get professional photography tips while under sail from *Down East* photo editor Ben Williamson, partake in a private chocolate-making workshop with Kate Shaffer from Black Dinah Chocolatiers, sample oysters with aquaculture expert Adam Campbell of North Haven Oyster Co., and go on multiple casual island excursions followed by exceptional dining. Hurry—this trip fills up fast!

Call 207-230-4245 or email [adventures@downeast.com](mailto:adventures@downeast.com).



# PENOBSCOT BAY FOOD CRUISE

JULY 16 - 21

\$1,840 (TABER), \$2,288 (LADONA)

## DAY 1 - JULY 16

Welcome aboard! Meet Captain Noah Barnes and Captain J.R. Braugh as you board at Windjammer Wharf in Rockland. Once you're settled in, you'll take a short walk to visit Fiore Artisan Olive Oils and Vinegars for a tasting of their products. After the tasting, you'll enjoy a special Welcome Dinner with *Down East* editor in chief Kathleen Fleury featuring locally grown and harvested fare.

## DAY 2 - JULY 17

Start with breakfast aboard your respective schooner and then you're off! *Down East* photo editor Ben Williamson will spend time — under sail — sharing tips and showing you how to take better vacation photos with your camera or smartphone. During the afternoon, you'll enjoy an island excursion for an exclusive farm-to-table luncheon with additional editors from *Down East*. Once you're back aboard the *Taber* and *Ladona*, you'll take in the sunset with dinner underway.

## DAY 3 - JULY 18

Plan on a relaxing day aboard, traveling wherever the wind and tide take you during this day of free sailing. You'll pause in the afternoon to experience a quintessential lobster bake ashore a deserted Maine island. Once back on board, plan on spending some time under the stars, taking in the quiet beauty of Penobscot Bay by night.

## DAY 4 - JULY 19

After a morning sail to Isle au Haut, you'll have the opportunity to participate in a private chocolate-making workshop with *Down East Books* author Kate Shaffer at Black Dinah Chocolatiers. Those not wishing to make (and taste) chocolates will enjoy a casual hike on the island. Wine, cheese, and dinner will be waiting for you back aboard your schooner.

## DAY 5 - JULY 20

In the morning, you'll sail through the Fox Island Thorofare and East Penobscot Bay, viewing some of the best scenery Penobscot Bay has to offer. In the afternoon, you'll rendezvous with aquaculture expert Adam Campbell of North Haven Oyster Co. for an oyster sampling paired with Allagash beer.

## DAY 6 - JULY 21

A final morning sail brings you back to Rockland to debark.

# MAINE ISLAND GETAWAY

JULY 24-26\* OR  
AUGUST 6-9

Stay on a secluded island and explore the Maine coast by kayak in this choose-your-own-level-of-adventure Maine island getaway. All equipment provided. All skill levels accommodated with multiple guides from Maine Sport Outfitters accompanying each group.

*\*These dates are a women-only retreat.*





# MAINE ISLAND GETAWAY

JULY 23–26 (WOMEN ONLY)

\$1,660 PER PERSON (DOUBLE), \$1,760 PER PERSON (SINGLE)

## DAY 1 - JULY 24

Start the day at Maine Sport in Rockport, then head to Friendship, where we'll load the boats in the water and start with some kayak skills instruction. We'll have lunch in Friendship, then paddle to the lodge. This leg of the journey will take us by SW Friendship Long Island and Cranberry Island, to the southern end of Morse Island and on to Gay Island. Upon arrival, we'll unload the boats and head to the lodge for orientation. The evening brings an oyster and Allagash beer tasting and lobster bake.

## DAY 2 - JULY 25

Enjoy breakfast at Gay Island Lodge and then get the boats loaded for a paddle to Port Clyde. This leg of the journey takes us from Gay Island Lodge and out by Caldwell and Hupper Islands before heading into Port Clyde Harbor.

We'll have lunches packed to go as we head out to Port Clyde. There, we'll relax for a bit, taking in the iconic lighthouse and scenic surroundings. The return trip takes us from the Port Clyde ferry terminal, back around Hupper Island to Caldwell, and from there, on to Gay Island Lodge, where we'll be treated to a delicious dinner catered by a mid-coast restaurant plus a chocolate tasting from Kate Shaffer of Black Dinah Chocolatiers.

## DAY 3 - JULY 26

The final day we'll have breakfast at Gay Island Lodge, then load up our gear and prepare the kayaks for the paddle back to Friendship. We'll unload back at Maine Sport in Rockport, say our good-byes, and start making plans for next year!

# MAINE ISLAND GETAWAY

AUGUST 6 – 9

\$1,965 PER PERSON (DOUBLE), \$2,265 PER PERSON (SINGLE)

## DAY 1 - AUGUST 6

Guests arrive and check into their rooms at 16 Bayview Hotel in the afternoon. Later, join the editors of Down East for a welcome dinner in Camden.

## DAY 2 - AUGUST 7

Start the day with breakfast in Camden, then head to Friendship, where we'll load the boats in the water and start with some kayak skills instruction. We'll have lunch in Friendship, then paddle to the lodge. This leg of the journey will take us by SW Friendship Long Island and Cranberry Island, to the southern end of Morse Island and on to Gay Island. Upon arrival, we'll unload the boats and head to the lodge for orientation. The evening brings an oyster and Allagash beer tasting and lobster bake.

## DAY 3 - AUGUST 8

Enjoy breakfast at Gay Island Lodge and then get the boats loaded for a paddle to Port Clyde. This leg of the journey takes us from Gay Island Lodge and out by Caldwell and Hupper Islands before heading into Port Clyde Harbor. We'll have lunches packed to go as we head out to Port Clyde. There, we'll relax for a bit, taking in the iconic lighthouse and scenic surroundings. The return trip takes us from the Port Clyde ferry terminal, back around Hupper Island to Caldwell, and from there, on to Gay Island Lodge, where we'll be treated to a delicious dinner catered by a midcoast restaurant.

## DAY 4 - AUGUST 9

The final day we'll have breakfast at Gay Island Lodge, then load up our gear and prepare the kayaks for the paddle back to Friendship. We'll unload back at Maine Sport in Rockport, say our good-byes, and start making plans for next year!

# ACADIA SAILING EXCURSION

ABOARD SCHOONER *LADONA*

AUGUST 20-25

Sail the coast of Maine aboard the fully restored 1920s racing schooner *Ladona* and experience Acadia National Park like never before, from land and sea. Enjoy classic Maine food and drink such as a lobster bake, popovers at the Asticou Inn, and an exclusive farm-to-table dinner at the Red Sky restaurant. Take a break from the water to explore historic Bar Harbor, plus take a bus tour of Acadia including stops at Thunder Hole and Cadillac Mountain. This all-inclusive, 6-day, 5-night trip leaves from and returns to Rockland.

Call 207-230-4245 or email [adventures@downeast.com](mailto:adventures@downeast.com).



# ACADIA SAILING EXCURSION

AUGUST 20 – 25

\$2,388

## DAY 1 - AUGUST 20

Board the *Ladona* at 1pm and set sail from the dock in Rockland. This trip gets started right away with a welcome lobster bake and Allagash beer tasting. We'll be anchored for the evening.

## DAY 2 - AUGUST 21

A hearty breakfast and we're off for a day of sailing that will bring us into Bar Harbor for some sightseeing and shopping after dinner.

## DAY 3 - AUGUST 22

We'll take a bus tour through Acadia National Park, stopping at a number of highlights that we haven't been able to view from the water including Cadillac Mountain, Thunder Hole, and more. We'll also enjoy classic Mount Desert Island popovers at the Asticou Inn and a private tour of the famed Azalea Garden. Then we'll sail to Islesford.

## DAY 4 - AUGUST 23

We'll sail over to Somes Sound, where we'll enjoy a farm-to-table dinner at the Red Sky restaurant in Southwest Harbor.

## DAY 5 - AUGUST 24

A full day of sailing will get us about half way back to Rockland. We'll anchor for the night and enjoy more of the great food and drink you've come to expect from Down East Adventures.

## DAY 6 - AUGUST 25

We'll arrive back to dock around mid-morning. Plan some time to poke around Rockland and explore the many art and cultural venues that make it such a vibrant community.

# DOWN EAST WRITING RETREAT

SEPTEMBER 6-9

Kicking off with a welcome dinner hosted by editor in chief Kathleen Fleury, the workshop introduces you to Brian Kevin, Ginny Wright, and guest Maine authors. Learn about writing more engagingly, making your work stand out, and getting published. Ample activities for non-writers include kayaking, lobster bakes, and more. Price: single writer, \$2,580. Double writer, \$2,225. Double non-writer, \$1,975.

Call 207-230-4245 or email [adventures@downeast.com](mailto:adventures@downeast.com).



# DOWN EAST WRITING RETREAT

SEPTEMBER 6 – 9

\$2,580 (SINGLE WRITER), \$2,225 (DOUBLE WRITER), \$1,975 (DOUBLE NON-WRITER)

This workshop features *Down East* managing editor Brian Kevin and Senior editor Virginia Wright.

## DAY 1 - SEPTEMBER 6

We'll get acquainted and talk about your writing goals for the coming days on Gay Island. Over dinner and drinks in Camden, we'll discuss the writing of place and narrative nonfiction, and we'll send you to your hotel room at the beautiful 16 Bayview with a story or two to read before bed.

## DAY 2 - SEPTEMBER 7

**Morning Session — Lens and Legwork in Narrative Nonfiction:** Many of the most powerful pieces of nonfiction writing involve a writer telling a story that is not his or her own. After a tour of the *Down East* offices, we will travel by kayak (or motorized boat if you prefer) to our lodge on Gay Island. We'll spend our early workshop delving into the craft of narrative nonfiction, paying special attention to perspective, point of view, and the reporting techniques that give a story detail and depth. We'll practice interview techniques (a great ice-breaker for our first day on the island!) and share a few favorite magazine stories with varying approaches to the genre.

**Afternoon Session — Personal Essays:** How do you put your own experiences on the page in a way that makes them universally relatable? We'll explore the craft of writing personal stories that resonate with an audience, with a focus on balancing accuracy and subjectivity and on adapting sensory experience into prose that sings. There will be time for some low-stakes writing exercises with the option of sharing work for critique.

The evening brings oysters, an Allagash beer tasting and lobster bake on the beach.

## DAY 3 - SEPTEMBER 8

**Morning Session — Writing Place:** Some of the most powerful American writing involves communion with landscape and culture: from Thoreau's narrated rambles through his beloved Eastern woodlands to Sig Olson's songs of the frozen north, from Annie Dillard's ascetic meditations at Tinker Creek to Terry Tempest Williams' intimate maps of the high-desert West. We'll look at some favorite examples and talk about how to synthesize techniques from the previous day's sessions to produce powerful, insightful place-based writing.

**Afternoon Session — How to Pitch a Magazine:** Writers have, at best, just a few paragraphs to sell a magazine editor on their terrific essay or story idea. We'll discuss some of the most avoidable pitching pitfalls, dissect several real-life pitches, and get specific on how to identify tropes, grab an editor's attention, and understand the crucial difference between pitching a topic and pitching a story.

In the evening we'll be treated to a delicious dinner catered by a midcoast restaurant.

## DAY 4 - SEPTEMBER 9

**Morning Wrap-Up:** Before we depart for the mainland, we'll have a chance to take stock and revisit topics from the previous days, share some work or bits of insight, and reflect on our writing plans going forward. Then we'll load up our gear and head back to Maine Sport in Rockport, say our good-byes, and start making plans for next year!

# NEW! PHOTOGRAPHING MAINE

JUNE 23 OR JULY 7 OR  
JULY 21 OR AUGUST 4

Love Maine? Love photography? Join our director of photography Benjamin Williamson on a special one-day semi-private course designed around your needs and skill level. Ben knows the area like no other, and his years of experience in scenic photography will help you take better photos. Ben has a kind and gentle approach to teaching, and is willing to answer any questions you might have. The class starts the night before with dinner, where you'll plan and prepare for a rigorous day of shooting. Your itinerary will be built together based on your interests and the types of weather you may face. These classes are a great way to experience Maine on an even deeper level through creative image making.

CLASS SIZE LIMITED TO 4  
\$500

Call 207-230-4245 or email  
[adventures@downeast.com](mailto:adventures@downeast.com).





# READY FOR YOUR ADVENTURE?

CONTACT US FOR MORE INFORMATION, ITINERARIES, AND BOOKING.

[downeast.com/adventures](https://downeast.com/adventures)

207-230-4245

[adventures@downeast.com](mailto:adventures@downeast.com)

